

May 17, 2023

Dear Sir/Madam

To Whom It May Concern

It is my greatest pleasure to support Dr. Duc Truong Nguyen to be a candidate applying for the David K.C. Cooper Young Investigator Award in the IPITA-IXA-CTRMS Joint Congress in San Diego, CA, USA, in October 26-29, 2023.

Dr. Nguyen is a dedicated obstetrician and gynecologist, specialized in taking care of women's health. In his eight years of experience working at two maternity hospitals in Vietnam, Dr. Nguyen has not only acquired vast knowledge and experience in women's health. He has gained insight into broadening his understanding of health to encompass public health, alternative health and wellbeing approaches, and the promotion of preventive self-care measures at the grassroots levels of communities.

Dr. Nguyen has submitted an abstract titled, **“Psychological and spiritual support for COVID-19 patients via telemedicine: Case reports.”** This mind-body and spiritual approach can also have a beneficial effect on health when being integrated to the care of patients with transplanted organs.

I'm a counselor, educator, researcher, and author of two books that explore the effects of Falun Gong—an ancient Chinese spiritual meditation discipline that is beneficial for mind-body and spiritual health. In April 2020, several medical doctors in Vietnam expressed interest in translating my second book, *The Effect of Falun Gong on Health and Wellness*. Dr. Nguyen was one of the physicians who joined the Vietnamese translation team for my book. His involvement was invaluable due to his prior involvement in English to Vietnamese translations of medical documents and research papers. Since then, Dr. Nguyen has been collaborating with me in research endeavors on the health-wellness effects of Falun Gong. Dr. Nguyen has co-presented with me in three international conferences, the latest being the 8th International Conference on Spirituality and Psychology in March 2023.

I can vouch that Dr. Nguyen is a budding investigator with a strong potential. Your favorable consideration of his application for the award will be much appreciated. Thank you.

Yours sincerely,



Dr. Margaret Trey
Author & Researcher