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THE ROLE OF COMPREHENSIVE SUPPORT IN ENHANCING QUALITY OF LIFE AND PARTICIPATION AFTER KIDNEY TRANSPLANTATION

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Research Aim: To study the impact of comprehensive support from medical professionals and surrounding individuals. Patients who follow these recommendations and receive proper support can lead an active and quality life post-transplantation.

Several factors play an important role in the adaptation process for patients after kidney transplantation: Adherence to treatment recommendations

- Healthy lifestyle
- Regular medical check-ups
- Social support
- Patient education
- Psychological support

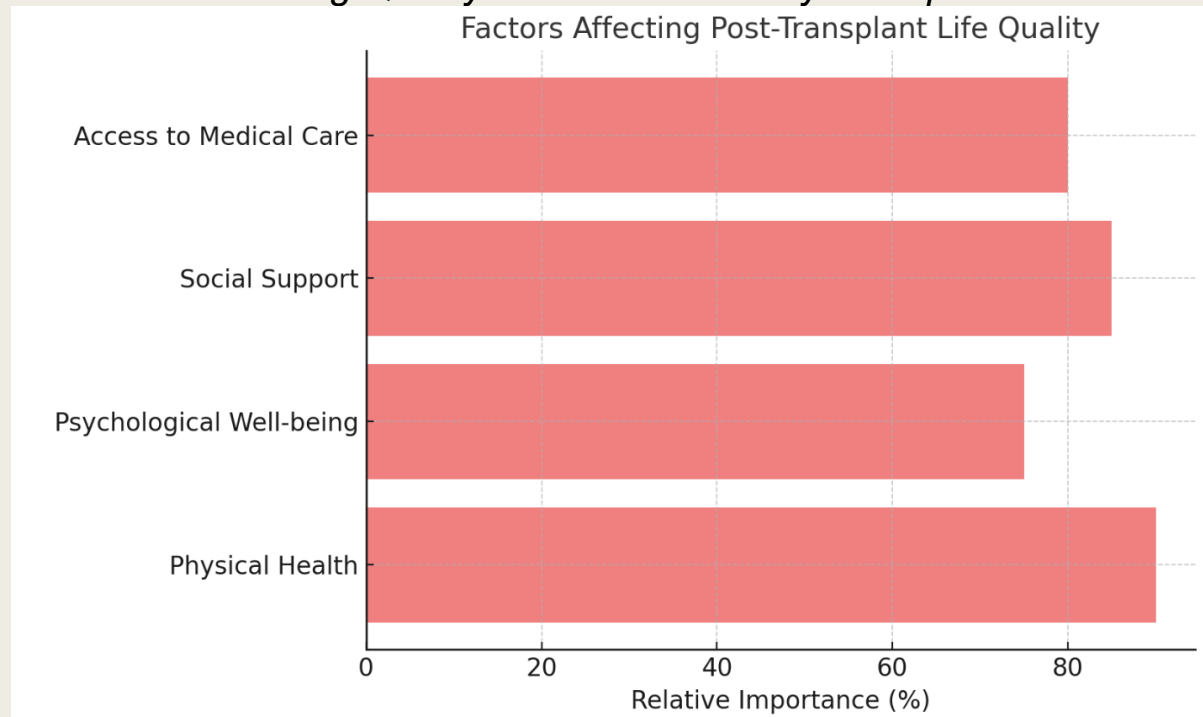
Research methodology:

Empirical research:

- Surveys conducted within society
- Interviews and observations among recipients
- Interviews with medical specialists working with them.
- Evaluation of factors influencing their participation in everyday life and social activities.
- Analysis of data results to improve quality.

Factor	Impact on Life Participation
Physical health	High
Psychological well-being	Moderate
Social support	Significant
Access to medical care	Significant

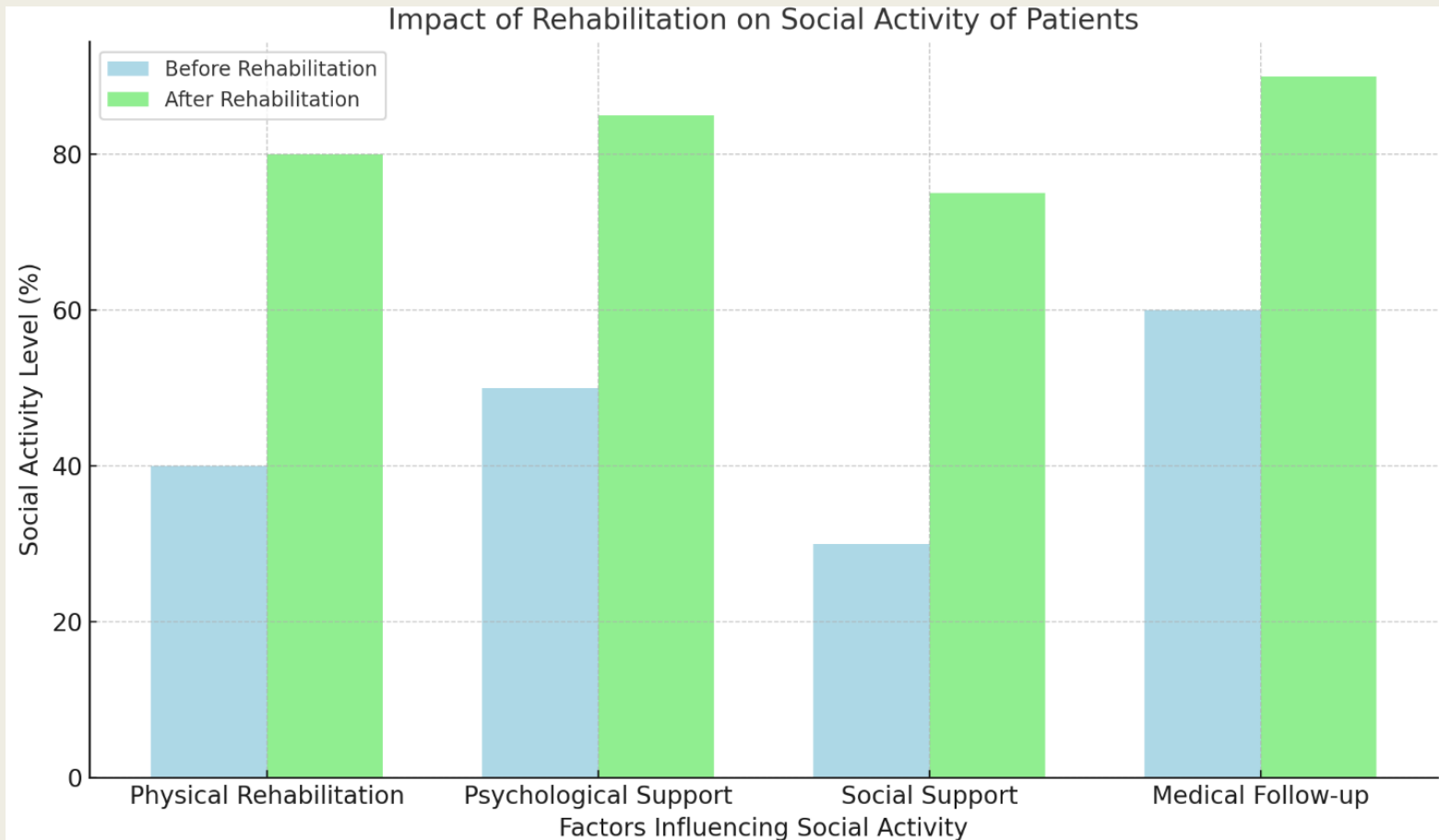
Factors Affecting Quality of Life After Kidney Transplantation



Here's a bar chart displaying the relative importance of different factors for post-transplant life quality. It shows the significance of physical health, psychological well-being, social support, and access to medical care, emphasizing how each contributes to improving the quality of life for patients after kidney transplantation.

Comparison of Quality of Life Before and After Transplantation





•Conclusion:

- The research shows the need for further rehabilitation and support to ensure maximum recovery and life participation for transplant patients.
- Long-term postoperative preparation and continued support from medical institutions can ensure better graft survival and patient outcomes.

•Recommendations:

- Develop improved services and support structures in medical institutions and public organizations to enhance the quality of life for kidney transplant patients.
- Utilize the results to create new strategies in kidney transplantation care.