

FARIDA DAUD YOUNAN
CURRICULUM VITAE



Personal Information

National Coordinator, NOD-Lb

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Home Address:

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Date of Birth: 28.09.1954

Place of Birth: Beit-ahya

Nationality: Lebanese Civil

Civil Status: Single

Language: Arabic (fluent), French (fluent), English (Average)

Computer: word/excel/Photoshop/PowerPoint/teams/zoom...

Diploma

- 1985** BS Nursing St. Joseph University (USJ), Faculty of Nursing, Beirut, Lebanon.
- 1997** Diploma in "Advanced Transplant Procurement Management" (TPM). Les Heures, Fundacio Bosh i Gimpera Universitat de Barcelona. Budapest, Hungary.
- 2002** European Transplant Coordinator Certificate. Les Heures, Fundacio Bosh I Gimpera Universitat de Barcelona, Spain.
- 2009** Diploma «1st advanced Tissue Banking course» Les Heures, Fondacio Bosh i Gimpera, Universitat de Barcelona, Spain.
- 2012-2013** International Master in donation of Organs, Tissues and Cells for Transplantation, Barcelona University, Spain. Training in New England Organ Bank, Boston, USA.

Professional History:

- 1983-1995** Head nurse in the Hemodialysis Unit, Rizk Hospital.
- 1992-2008** Transplant Coordinator in the Kidney transplant department at Rizk hospital.
- 1994-2007** Head nurse of the 1st Peritoneal Dialysis unit in Lebanon, Rizk hospital.
- 2000** Congress Coordinator of the 7th MESOT congress, Beirut- Lebanon.
- 2000-Present** National Coordinator, NOD-Lb.
- 2000-2010** Organization and training in the « Intermediary course on Transplant Procurement Management in Lebanon and the Middle East.
- 2007-2009 Consultant at Rafic Hariri University Hospital to implement kidney and liver transplantation unit.
- 2010-2013** Manager of the national organ and tissue procurement project in Lebanon with the AECID and the DTI.
- 2011** Award of recognition from the Order of Nursing.
- 2012 Coordinator and lecturer in the first international congress on organ and tissues donation and transplantation in Lebanon, organized by NOD-Lb in collaboration with AECID and DTI.
- 2014 Coordinator and lecturer in the first congress on organ donation and religion: l'attitude du catholicisme, en collaboration avec L'institut supérieur des sciences religieuses (ISSR-FSR) et la commission épiscopale pour la pastorale des services de la santé au Liban (CEPSSL) et l'université Saint Joseph.
- 2015 Coordinator and lecturer in the second congress on organ donation and religion: la responsabilité des communautés religieuses Libanaises, en collaboration avec L'institut supérieur des sciences religieuses (ISSR-FSR) et la commission épiscopale pour la pastorale des services de la santé au Liban (CEPSSL) et l'université Saint Joseph.
- 2015** Coordinator of the 2nd international congress on organ donation and transplantation in Lebanon, organized by NOD-Lb.
- 2020** Decoration of the Rank of Chevalier in the National Order of Merit, French Embassy in Lebanon.
- 2021** Co-Chair the Allied Health Committee at The Transplantation Society (TTS) – USA
- 2022- Present** Chair the Allied Health Committee at The Transplantation Society (TTS) – USA
- 2023** Senior Organ Procurement Specialist Consultant at Kuwait Organ procurement Unit

Teaching experience:

- 1984-1988** Nephrology – Renal physiology and nursing role, nursing Governmental technical school.
- 2001-2013** Family approach strategies with the TPM course- Barcelona in the Middle East: Lebanon, KSA, Qatar, Jordan and Turkey.
- 2008-2009** Seminars and workshops on organ donation under the patronage of METCO in Qatar and Kuwait.

- 2008** Conduct and teach in METCO course on organ procurement for health professionals in Shiraz, Iran with the 11th MESOT congress.
- 2010-Present** Continuous education on organ and tissue donation for health professionals all over Lebanon.
- 2012-2014** Follow-up of the introduction of organ and tissue donation and transplantation with the ministry of high education and the medical and nursing schools in their curriculum and in the colloquium exam from 2016.
- 2015** Organization and teaching in the course « Train the trainers » to educate professors from nursing schools: USJ, UL, AUB, LAU, Balamand, NDU, LGU, IUL, Antonins, Rassul Al Azzam, Mount Lebanon.
- 2015- Present** Courses on organ donation and transplantation at nursing School of Balamand University.
- 2014-2016** Courses on organ donation and transplantation at Notre Dame University, Louaizeh (NDU).
- 2014-2016** Courses on organ donation and transplantation at nursing school of St Joseph University.
- 2018** Courses on organ donation and transplantation at nursing school of Islamic University, Khaldeh-Lebanon.
- May-June 2019** 2 days “Train the trainers” to educate Health and Educational Guides of the complementary and secondary governmental schools all over Lebanon, at the Ministry of Education.
- 2020** 2 online workshops on organ donation for palliative care personnel at AUBMC and for Nursing students at LGU.

Virtual conferences for the Lebanese Pharmacist Students Association and Theology students at USEK.
- 2021** 2 days workshops on organ donation and transplantation for ICU and ER staff at BMC, Lebanon. Unified Lebanese Deceased Organ Donation procedure and family approach
- 2022** Organ donation and transplantation system in Lebanon for Women in surgery interest group students at Beirut Arab University. Farida Younan, MSNRN.
- 2023** Webinar on organ donation and transplantation. Balamand Medical School. The Lebanese system on deceased donation and transplantation, Farida Younan, speaker.

1st workshop on organ donation. Nursing Faculty – LAU. Lebanese deceased organ donation system and family approach for donation. Farida Younan, speaker

Tutorials:

- 2000-Present** Directed and guided more than 30 theses in Nephrology and organ Donation and Transplantation from many private and governmental universities: BS and Master in Nursing, medical, Media and Sociology faculties...

Professional activities:

- 1992-Present** Awareness campaigns for general public, students from secondary governmental and private schools, Lebanese army, religious...
- 2012-Present** Modification of the decree 1442 /1984 describing the Lebanese system and the regulations on organ and tissue donation and transplantation (waiting the approval of the ministers’ council).

Membership in National and international professional organizations:

- 1981-1984** Member in EDTNA
- 1985 – Present** Member in the « Association des infirmières diplômées – USJ »
- 1992- 2006** Founding member and treasurer of the Lebanese Association of Organ and renal Donation (ALDOR)
- 2000- Present** Member in MESOT
- 2000-2008:** Member in ETCO (European Transplant Coordinator Organization)
- 2002-Present** Member in the Lebanese Order of Nursing
- 2010-Present** Founder member and President of the Middle East Transplant Coordinator Organization (METCO) in Lebanon.
- 2010-Present** Founding member of the Middle East Tissue Bank (METIB) in Lebanon.
- 2015-Present** Member in ESOT (European Society for organ Transplantation)
- 2015-Present** Member in ISODP (International Society for Organ
- 2015-Present** Member in TTS (The Transplantation Society)
- 2023- Present** Founding member in LANN (Lebanese Association for Nephrology Nurses)

Research and Publications:

Coordination and active participation in many congresses, workshops and researches on immunology, renal transplantation, organ donation at Rizk hospital (>60 articles)

Publications:

1. Booklet on diet, medication and lifestyle of the hemodialysis patients. 1st edition 1996. (Under the patronage of ALDOR). It has been distributed to all dialysis centers in Lebanon. Farida Younan*, BS; Antoine Stephan, MD; Gabi Kamel, MD; and Antoine Barbari, MD.
2. Booklet on diet, medication and lifestyle of kidney transplant patients. 1st edition 1996. (Under the patronage of ALDOR). It has been distributed to all kidney transplant centers in Lebanon. Farida Younan*, BS; Antoine Stephan, MD; and Antoine Barbari, MD.
3. Masri MA; Stephan A; Barbari A; Kamel G; Frem G; Younan F; Rizk S; Moubarak R and Karam A. Cyclosporine pharmacokinetics in stable renal transplant patient: Effect of formulation, Sandimmun v/s Consupren v/s Neoral. Transplant. Proc. 1996, June; 28(3): 1318-1320.
4. Kamel G; Stephan A; Barbari A; Younan F and Masri MA. Donor specific transfusion (DST) under the new cyclosporine formulation (Consupren, CON) Vs Azathioprine (Imuran, IM). Transplant. Proc. 1997, Nov; 29(7): 2960-2961.
5. Peritoneal dialysis brochure (1998): manual for the education of the patient and his family. 1st edition 1998. Farida Younan*, BS; and Antoine Barbari, MD. Sponsor by Baxter. It has been used by Baxter in all peritoneal dialysis centers in Lebanon.
6. Brochure for the practice of ambulatory peritoneal dialysis (CAPD) 1998, Farida Younan*, BS; and Antoine Barbari, MD. Sponsor by Baxter. It was used by Baxter in all Lebanese centers.

7. Brochure on general information on organ donation in Arabic for the public, 1st edition 1999. Farida Younan*, BS; Antoine Stephan, MD; and Gabi Kamel, MD. Under the patronage of ALDOR
8. Brochure on general information on organ donation in Arabic for the public, 1st edition 2004. Farida Younan*, BS; and Antoine Stephan, MD. Under the patronage of NOD-Lb.
9. Booklet on diet, medication and lifestyle of kidney transplant patients. 2nd edition 2004. Farida Younan*, BS; Transplant coordinator at Rizk Hospital.
10. Bahous SA; Stephan A; Barakat W; Blacher J; Asmar R; Safar ME. Aortic pulse wave velocity in renal transplant patients. *Kidney Int.* 2004 Oct; 66(4): 1486-92. Coordination and active participation.
11. Bahous SA, Stephan A, Blacher J, Safar ME. Aortic stiffness, living donors, and renal transplantation. *Hypertension.* 2006 Feb; 47(2):216-21. Coordination and active participation.
12. Manual of the Lebanese system of organs and tissues donation and the management of potential donor (Arabic, French, English) November 2006, Farida Younan, Dr. Antoine Stephan and Dr. Fayez Abillama. Under the patronage of NOD-Lb
13. Stephan A, Barbari A, Younan F. Ethical aspects of organ donation activities. *Exp Clin Transplant.* 2007 Dec; 5(2): 633-7.
14. Barbari A, Masri M, Stephan A, Rizk S, Younan F. A Novel approach in clinical immunosuppression monitoring: drug lymphocyte level. *Exp Clin Transplant.* 2007 Dec; 5(2): 643-8.
15. Brochure on the diagnosis of brain death, 2009. Farida Younan, Dr. Najji Riachi, Dr. Maroun Abou Nader and Dr. Antoine Stephan. For the education of the health professionals in Lebanon. Under the patronage of NOD-Lb.
16. Brochure on the family approach to organ donation. October 2010. Farida Younan and Dr. Antoine Stephan. For the education of the health professionals in Lebanon. Under the patronage of NOD-Lb.
17. Brochure on organ donation process – Lebanese model. November 2010. Farida Younan*, BS; Dr. Maria Paula Gomez and Dr. Antoine Stephan. For the education of the health professionals in Lebanon. Under the patronage of NOD-Lb.
18. Obstacles to Organ Procurement in Lebanon. Georges S Juvelekian; Farida Younan; Antoine Stephan; Marti Manyalich; Maria Paula Gomez and Manuel Wolf. 2012 European Organ Donation Congress, 24th ETCO-EDC. Dubrovnik, Dubrovnik, Croatia, October 5-7, 2012. Poster
19. SEUSA Program, an international collaborative strategy to increase deceased organ donor activity. M. Manyalich, MP Gómez, X. Guasch, J.M. Buitron, A. Fernández, L. A. Roberts, JI Sánchez, A Stephan, F. Younan, FP. Schena. 12th Congress of the International Society for Organ Donation and procurement, Sydney, Australia, November 21-24, 2013. Oral presentation.
20. Challenges in Organ Donation and Transplantation in Lebanon. Walid Faraj, Abdallah Abou El Naaj, Randa Raad, Farida Younan, Mohamed Khalife. Liver Transplantation & HPB Surgery, American University of Beirut-Medical Center, Beirut, Lebanon. 19th annual international congress- Liver transplantation Society, June 12-15, 2013. Sydney, Australia. Poster.
21. Transplant Procurement Management Course (TPM) in the Middle East (ME): History, concept and future perspectives. Farida Younan, Gloria Paez, Antoine Stephan, Marti Manyalich, Georges Juvelekian, Saleh El Shihiri, Mustafa Al Mousawi, Faisal Shaheen, Mohamad Khalife, Najji Riachi, Sahar Burhan, Riad Fadhil, Rana Sabbagh, Chokri Hammouda, Siavash Gholami, Walid Faraj and Boutros Ghanem. 13th MESOT Congress, Abu Dhabi, 12-15 Dec, 2013. Poster.

22. Brochure « Organ donation and transplantation: Join now » for the health professionals. 1st edition 2015. Farida Younan, MS; Dr. Antoine Stephan and Haifa Y Sadeq, BS. (French and English)
23. Brochure « Organ donation: Do it now» for the general public. 1st edition 2015. Farida Younan, MS; Dr. Antoine Stephan and Haifa Y Sadeq, BS. (Arabic, French and English)
24. 3 stories on organ donation for three age group of elementary, complementary and secondary schools. In process for reviewing and approval by the Educational Center for Research and Development. (Arabic, French and English)
25. Manual on the auto evaluation for the audit of the transplant centers on organ donation and transplantation and manual on the certification of the hospital coordination on organ donation. In process for approval by the “Agence de la biomédecine” – France. (French and English)
26. Update of the Lebanese law-decree No 1442 / 1984 on the subject of organ and tissue donation and transplantation approved by the national consultative council but in process to be issued officially by the council of ministers.

Beirut, November 22, 2023