

## **Dr. Lungiswa S. Mtingi-Nkonzombi**

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### **Personal Information**

**Name:** Lungiswa Stella  
**Surname:** Mtingi-Nkonzombi  
**Gender:** Female  
**Date of Birth:** 16 April 1980  
**Marital Status:** Married

### **Education**

- World Kidney Academy Critical Care Nephrology Fellow since May 2024
- Certificate of Nephrology of the College of Medicine of South Africa 2022
- Masters in Advanced Studies (Vaccinology) University of Lausanne, Switzerland 2022
- WSU Executive Health Leadership Program, University of Alabama, Birmingham – 2018
- Fellowship of the College of Physicians, Colleges of Medicine of South Africa – 2013
- Bachelor of Medicine and Bachelor of Surgery, University of Transkei, South Africa - 2002

### **Current Position**

- Specialist Physician & Nephrologist in Private Practice from 01 May 2024 to date

### **Professional Experience**

- Head of Clinical Unit: Nephrology - 01 January 2023 – 30 April 2024  
Department of Internal Medicine, Nelson Mandela Academic Hospital, Mthatha
- Joint appointment: Senior Lecturer; Department of Internal Medicine, Faculty of Health Sciences, Walter Sisulu University.

- Consultant Specialist Physician: **01 July 2022 to 31 December 2022**

Department of Internal Medicine, Nelson Mandela Academic Hospital, Mthatha

Nephrology Fellow, Livingstone Hospital, Port Elizabeth, South Africa – **January 2020- June 2022**

Consultant Specialist Physician  
Department of Internal Medicine  
Nelson Mandela Academic Hospital  
Mthatha

Eastern Cape  
South Africa – **Jan 2014-December 2019**

Sub – Investigator  
Nelson Mandela Academic Clinical Research Unit  
Mthatha  
Eastern Cape **July 2016 -December 2019**

Chief Medical Officer  
Department of Internal Medicine  
Nelson Mandela Academic Hospital  
Mthatha - **2011 -2013**

Supernumerary Medical Registrar  
Department of Medicine  
Groote Schuur Hospital  
University of Cape Town - 2010-2011

Medical Registrar  
Department of Internal Medicine  
Nelson Mandela Academic Hospital  
Mthatha - **Feb 2005 -Dec 2009**

Community Medical Officer  
Mary Teresa Hospital  
Mount Frere  
Eastern Cape  
South Africa - **Jan 2004-Dec 2004**

Medical Intern  
Umtata General Hospital  
**Jan 2003 - Dec 2003**

### **Professional Memberships and Activities**

1. Health Professions Council of South Africa - 2003 to date
2. South African Renal Society: 2015 to date
3. Board Member: RUCC Cares Community Outreach Organization 2018 – 2023
4. Chairperson: RUCC Community Outreach Organization (2023 to date)
5. International Society of Nephrology – 2019 to date
6. The Transplantation Society: 2021 to date
7. Member of the Education Committee of The Transplantation Society (April 2023 to date)
8. Member of the Walter Sisulu University Faculty of Health Sciences Human Research Ethics Committee: Jan. 2023 to date

### **Teaching Activities**

1. Teaching of Walter Sisulu University medical undergraduate students
2. Participated in curriculum development for undergraduate and post graduate training of medical students.
3. Teaching medical residents in a clinical setting as well serving as an external examiner for Master of Medicine candidates
4. College of Physicians Examiner for the FCP(SA) examinations.

### **Mentoring & Supervision Experience**

1. Master of Medicine Supervisor: Dr. Khaya Siko; “COVID 19 related inpatient mortality in adult diabetic patients with diabetic keto-acidosis” (2023).

### **Grants and Projects**

1. Sub Investigator for the Nelson Mandela Academic Clinical Research Unit for the trial HVTN 702 “**A pivotal phase 2b/3 multi-site, randomized, double-blind, placebo controlled clinical trial to evaluate the safety and efficacy of ALVAC-HIV and Bivalent Subtype C gap 120/MF59 in preventing HIV infection in adults in South Africa.**”

2. Sub-Investigator for the Nelson Mandela Academic Clinical Research Unit HVTN 705 “**A multi-center, randomized, double blind, placebo-controlled phase 2b efficacy study of heterologous prime/boost vaccine regimen of Ad26Mos4.HIV and aluminum phosphate - adjuvanted Clade C gp 140 in preventing HIV-1 infection in Sub Saharan Africa.**”
3. SAMRC Bridging Funding to re-establish WSU HIV Clinical Research Unit: 2016 - 2019.
4. Principal Investigator for the project “**Understanding HIV, APOL1 and kidney disease in the Eastern Cape**” – Grant Funding from the South African Medical Research Council: March 2024

#### **Publications:**

1. Graves' disease following hypothyroidism due to Hashimoto's thyroiditis in a black South African lady: a case report (2019)
2. Prevalence of Hepatitis B and hepatitis B vaccination response in patients with end stage kidney disease at a tertiary center in the Eastern Cape Province of South Africa” (2022)
3. The state of kidney replacement therapy in the Eastern Cape province in South Africa - a call to action (2023)

#### **Conference Presentations**

1. Poster Presentation South African Renal Congress 2022: **Prevalence of Hepatitis and hepatitis B vaccination response in patients with end-stage kidney disease at a tertiary center in the Eastern Cape Province of South Africa**
2. Platform Presentation South African Transplant Society Congress 2022: **The state of kidney replacement therapy in the Eastern Cape province in South Africa - a call to action**

#### **Short Courses & Trainings**

1. Ethics of Biotechnology Research – (EthiXpert September 2023)
2. Research in Vulnerable Populations – (EthiXpert August 2023)
3. Introduction to Research Ethics (TTREEE April 2023)
4. Informed Consent (TTREEE April 2023)
5. Health Research Ethics – (EthiXpert -February 2023)

## References

1. Dr. RJ FReercks, Head: Division of Nephrology and Hypertension, Livingstone Renal Unit, Livingstone Hospital, Port Elizabeth – 041 405-2447/2448
2. Prof T Dubula – HOD, Department of Internal Medicine, Nelson Mandela Academic Hospital, Mthatha 084 557 0657
3. Dr. P Mda- Clinical Research Site Leader, Nelson Mandela Clinical Research Unit, Mthatha – 081 761 4351
4. Mrs. Nonzwakazi S. Hermanus, Administrator: RUCC Ministries, Mthatha 082 77 99 293



